

Master of Relational and Family Therapy: MRFT

The Master of Relational and Family Therapy (MRFT) is the only program in Canada that provides both the academic requirements and clinical hours and supervision in two years and under one training roof.

This program builds on our rich 40-year history of training highly skilled and ethical clinicians, with innovative and broad based programs, by addressing the mental health crisis.

uoguelph.ph/mrft

PROGRAM

The Master of Relational and Family Therapy degree is a two year (24 months) full-time immersive course based program, that will have you job-ready at graduation.

This unique program is designed with seven base academic courses, focusing on relational and systemic psychotherapy + 6 in-person practica, to integrate theory into practice. This degree will be a recognized education, training, and clinical experience program with the CRPO and and is accredited by CACFT.

MRFT students will accumulate up to 450 Direct Client Contact hours and over 100 hours of Clinical Supervision at Maplewoods, our innovative, on-site training facility.

MRFT students will be registered with the CRPO as a Registered Psychotherapist (Qualifying) in their final semester of the program.



ADMISSION REQUIREMENTS

Admission to the MRFT program requires:

- honours (4-year) baccalaureate degree, with a minimum 75% average in the last two years of study
- minimum 70% average in a social science research methods course
- not currently a regulated health professional practicing psychotherapy or a related field
- letter of interest
- two academic and one professional reference
- transcripts

Spring (May) 2026 Entry Application Deadline:

September 22, 2025

ARE YOU INTERESTED IN:

- trauma informed practice
- systemic and relational psychotherapy
- gender and sexuality
- anti-oppression training
- perspectives on health and well-being

CAREER OPPORTUNITIES AS A REGISTERED PSYCHOTHERAPIST:

- working in private practice
- working in community-based organizations
- working in health settings including hospitals and family health teams

CONTACT INFORMATION

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