

Family Relations and Applied Nutrition: MSc

Couple and Family Therapy

Couple and Family Therapy is a field of study offered by the Department of Family Relations and Applied Nutrition. We are a unique, interdisciplinary academic unit focused on integrating research and practice.

uoguelph/cft

The MSc CFT field of study is two years (24 continuous months) in length. Students will complete either a Major Research Paper or a thesis. Graduating students will meet all the requirements to become a Registered Psychotherapist (Qualifying) with the College of Registered Psychotherapists of Ontario (CRPO).

Research Expertise

Research approaches include qualitative (e.g., discourse analysis, grounded theory, narrative analysis) and quantitative methods.

Admission Requirements

- An honours bachelor's degree or equivalent, typically including coursework in psychology (particularly developmental psychology), sociology, social work, and/or family relations
- A minimum 75% average in the last 2 years of study
- Grades of at least 70% in applied statistics and social science research methods courses
- Personal maturity and relevant work/volunteer experience

Application Deadline:
November 22, 2021



Rachel is a student in the FRAN MSc program in the field of Couple and Family Therapy, researching spirituality in practice. Their major research project focuses on incorporating spirituality and religion into the therapeutic setting as a resource for adult survivors of adult sexual trauma. Their work examines themes of meditation, prayer, and community-building within particular spiritual communities, and provides considerations for therapist training.

The MSc program in the field of Couple and Family Therapy is a recognized education and training program with the CRPO and is accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) of the American Association for Marriage and Family Therapy (AAMFT).

The course of study combines academic courses, research, and supervised clinical training including completion of 500 hours of direct clinical contact and over 100 hours of clinical supervision in the on-site family therapy clinic and during the final semester externship placement.

Faculty

Dr. John Beaton
Dr. Ruth Neustifter
Dr. Olga Smoliak

ARE YOU INTERESTED IN:

- Family Therapy and Discourse Analysis
- Sexual or Gender Minorities
- Sexual Issues
- Romantic and Family Relationships
- Families with Children with Disabilities and Chronic Health Conditions

CAREER OPPORTUNITIES:

- Private practice
- Community based agencies
- Family health teams
- Hospitals and mental health facilities
- Educational institutions

CONTACT INFORMATION

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