

Family Relations & Applied Nutrition: MSc

Couple & Family Therapy

The MSc Couple and Family Therapy program is a field of study offered by the Department of Family Relations and Applied Nutrition. The Department is unique within the University of Guelph as an interdisciplinary academic unit focused on integrating research and practice. At a time when professionals and institutions are called to play an ever increasing role in addressing concrete social problems, we pride ourselves in preparing students to work in practical settings with a combination of theory, empirical knowledge and professional skills.

The MSc. Couple and Family Therapy program is the only full time academic program in Canada accredited by the Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy (AAMFT). This is a two-year, continuous 24-month program. The course of study combines academic courses, research, and clinical training, including the completion of 500 hours of supervised therapy practice in the on-site family therapy clinic and during a final-semester externship placement.

General Admission Requirements

- An honours bachelor's degree or equivalent, typically including coursework in psychology (particularly developmental psychology), sociology, social work, and/or family relations
- Applicants must have at least a 75% average for their last 2 years of academic study, and provide academic and professional references
- Grades of at least 70% in applied statistics and research methods courses taken within the past 5 years
- Personal maturity and relevant work/volunteer experience

Potential applicants are encouraged to attend one of the information sessions scheduled each fall (please see <https://www.uoguelph.ca/family/graduate/couple-and-family-therapy-msc> for details) and to thoroughly review the How to Apply section of the department website. Applicants should not contact faculty prior to application, but will have the opportunity to discuss the program and their research if invited for an interview.

CFT Graduate Faculty

- Dr. Lynda Asbourne
- Dr. John Beaton
- Dr. Ruth Neustifter
- Dr. Olga Sutherland

For additional information about FRAN faculty members and their research interests please visit:

<https://www.uoguelph.ca/family/people>

For additional information on specific admission requirements and application deadlines, please visit: <https://www.uoguelph.ca/family/graduate/how-apply>. The most qualified applicants will be invited to participate in an interview process to determine final selection for offers of admission.



What our graduates say:

"I appreciate the awareness of social locations and diversity, as well as the strength based approach."

"I've gained the knowledge and experience that allows me to be so well-respected in the field, even as a "new" graduate!"

"Much of the learning in the coursework was greatly enhanced by the ability to build on personal clinical experience and to apply learning to future clinical experience as well."

**familyrelations &
appliednutrition**
Science in Practice

CONTACT INFORMATION:

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